

Maternal Health Update

Task Force on Maternal Health Data & Quality Measures

Virginia Department of Health

May 9, 2025

Maternal Mortality Dashboard

Maternal Mortality Review Team Annual Report 2024

2022 Deaths and 2021 Case Review

<https://rga.lis.virginia.gov/Published/2025/RD179/PDF>

Pregnancy-Associated Mortality Data 2022

- Pregnancy associated deaths # 67 and rate 70.1
- Racial disparities - rate black mothers 138.1 and white mothers 50.6
- Over 35% deaths women ages 35 and older
- Leading causes of death:
 - Cardiac Conditions (N=11; 16.4%)
 - Accidental Overdoses (N=10; 14.9%)
 - Cancer (N=7; 10.4%)
 - Hemorrhage (N=6; 9.0%)
 - Infection (N=5; 7.5%)

Risk Factors Identified During Case Review 2021

- Suboptimal Health prior to pregnancy
- Mental illness
- Substance Misuse
- Lack of access to care
- Lack of coordination of care
- 86% determined to be preventable.
- Nearly 40% of cases had at least 1 community-related contributor
- Over 73% of cases had at least 1 provider-related contributor
- Nearly 53% of all cases had at least 1 Facility -related factors
- 100% of cases had at least 1 Patient-related factors

Review to Action: Recommendation Themes

- Evidence based standards of care
- Maternal Levels of Care
- Care Coordination
- Mental Health and Substance User Disorder Services
- Community Outreach, public education and awareness
- Provider education

Development of a system of affordable, accessible and coordinated care that meets the care coordination, mental health and substance use and social determinants of health needs of women and their families and improves the health outcomes of pregnant and postpartum women in Virginia

Thank you